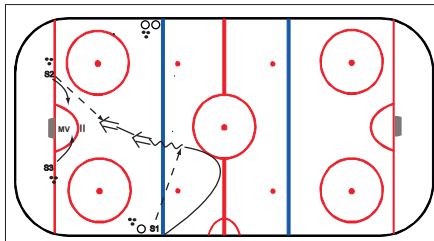
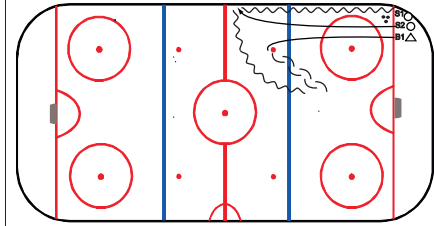




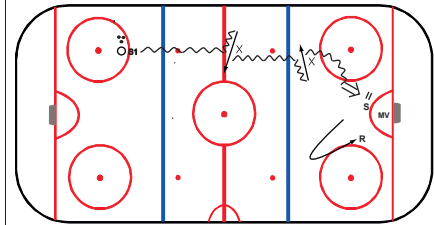
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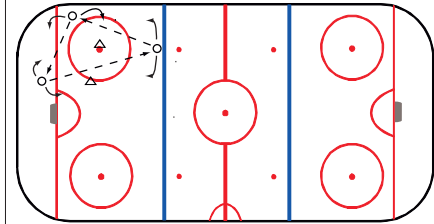
Skott



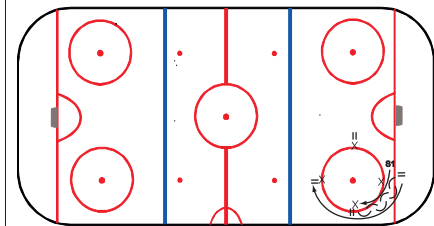
Närkampsspel



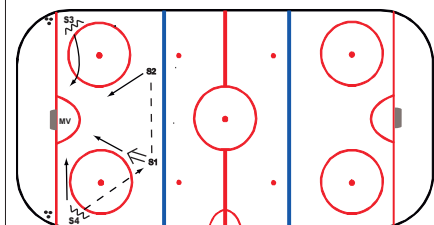
Puckföring



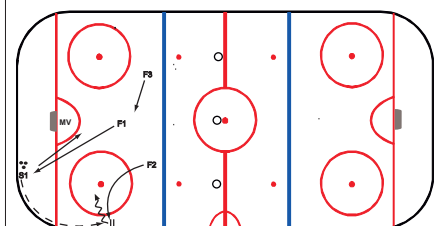
Passning & mottagning



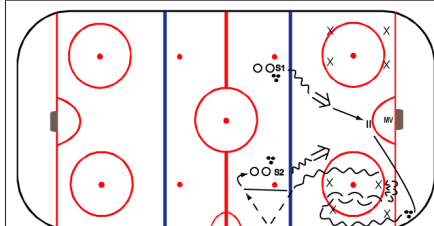
Skridskoåkning



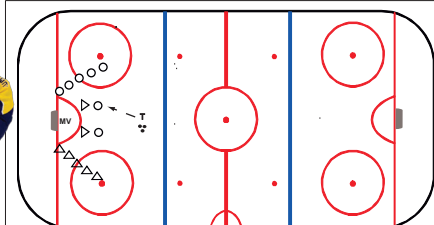
Backspel



Forwardspel



Teknikövningar



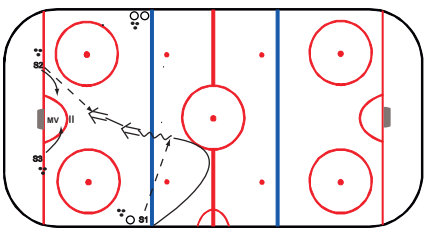
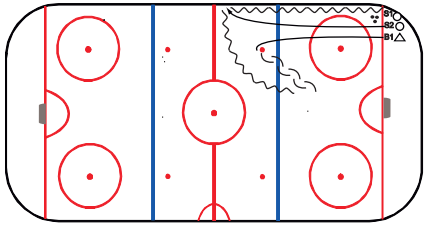
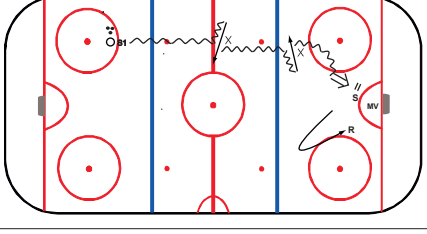
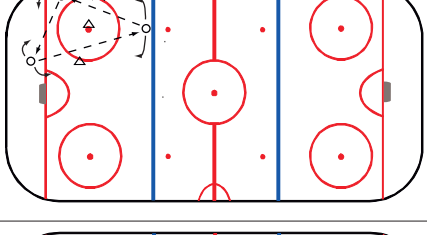
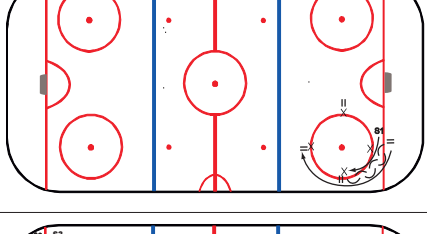
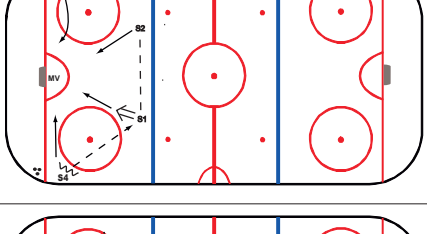
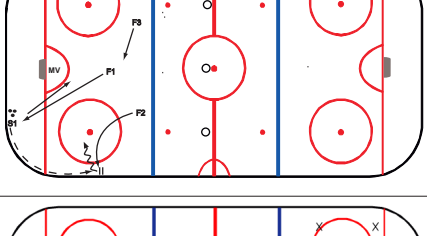

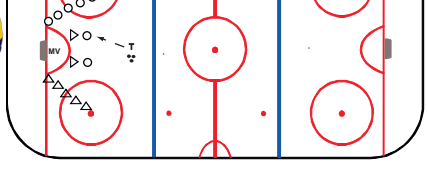
Situationsspel

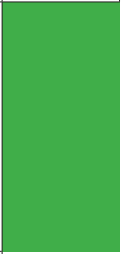




ÖVNINGSBANKEN



| | | |
|---|-----------------------|---|
|  | Skott | → |
|  | Närkampsspel | → |
|  | Puckföring | → |
|  | Passning & mottagning | → |
|  | Skridskoåkning | → |
|  | Backspel | → |
|  | Forwardspel | → |
|  | Teknikövningar | → |
|  | Situationsspel | → |





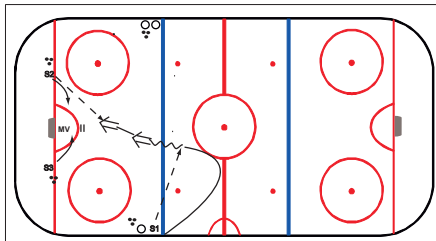
ÖVNINGSBANKEN



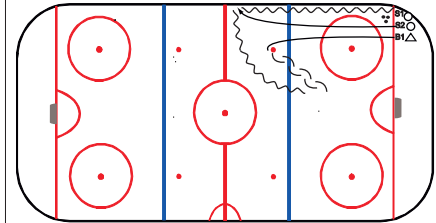
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|--|-----------------------|---|
| | Skott | → |
| | Närkampsspel | → |
| | Puckföring | → |
| | Passning & mottagning | → |
| | Skridskoåkning | → |
| | Backspel | → |
| | Forwardspel | → |
| | Teknikövningar | → |
| | Situationsspel | → |



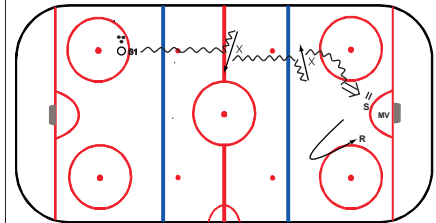
ÖVNINGSBANKEN



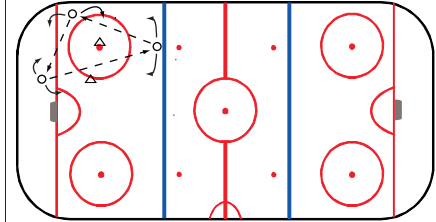
Skott



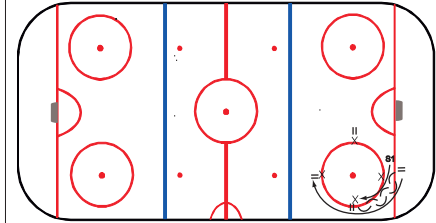
Närkampsspel



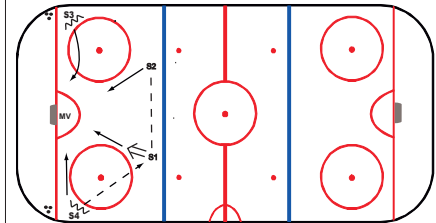
Puckföring



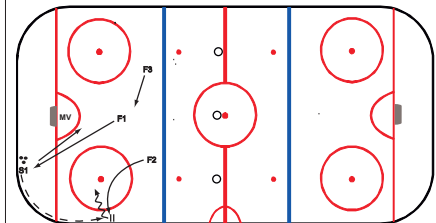
Passning & mottagning



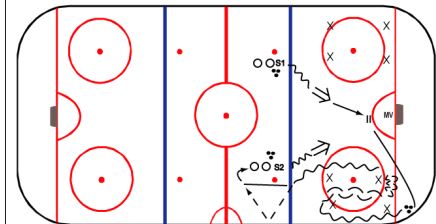
Skridskoåkning



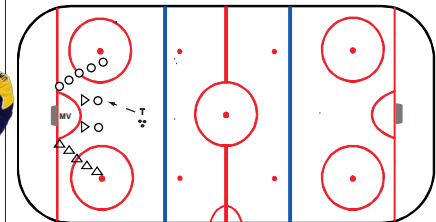
Backspel



Forwardspel



Teknikövningar



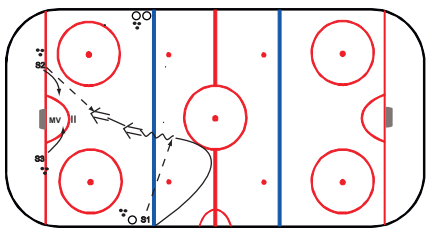
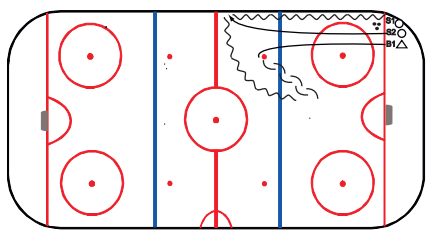
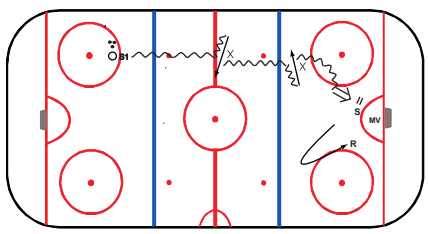
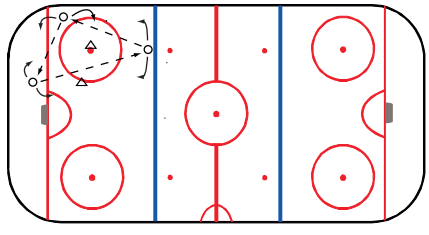
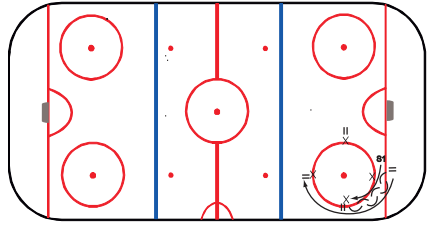
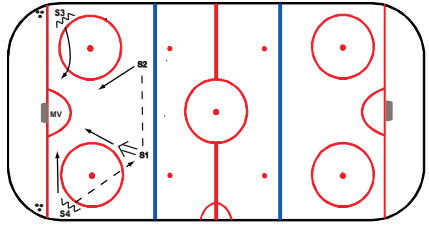
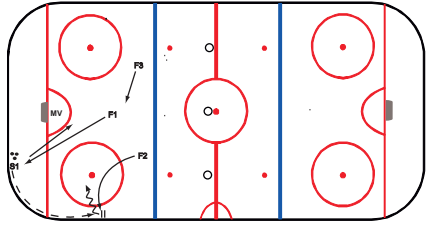
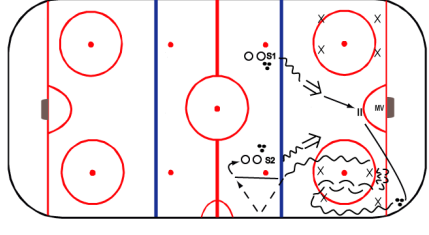
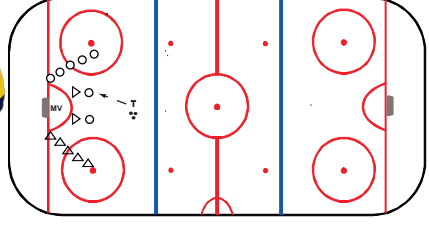
Situationsspel





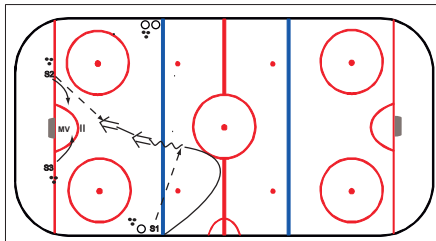
ÖVNINGSBANKEN



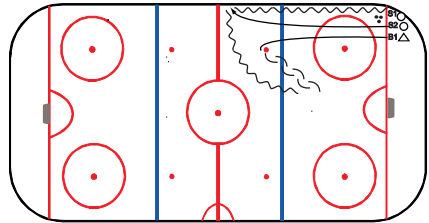
| | | |
|---|-----------------------|---|
|  | Skott | → |
|  | Närkampsspel | → |
|  | Puckföring | → |
|  | Passning & mottagning | → |
|  | Skridskoåkning | → |
|  | Backspel | → |
|  | Forwardspel | → |
|  | Teknikövningar | → |
|  | Situationsspel | → |



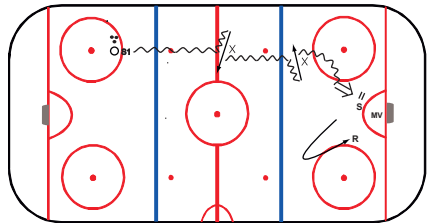
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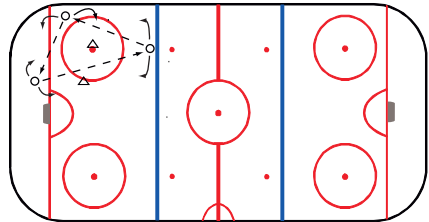
Skott



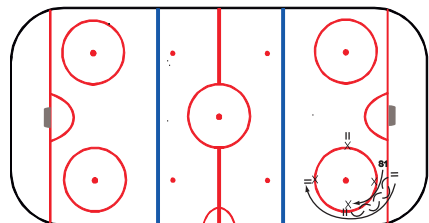
Närkampsspel



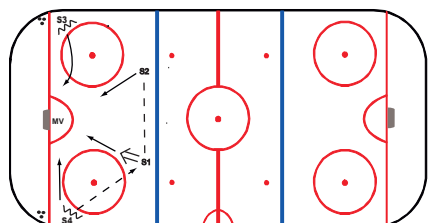
Puckföring



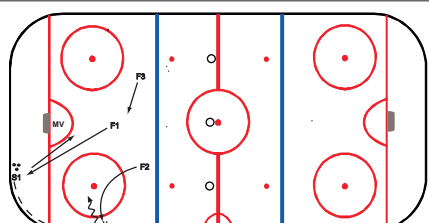
Passning & mottagning



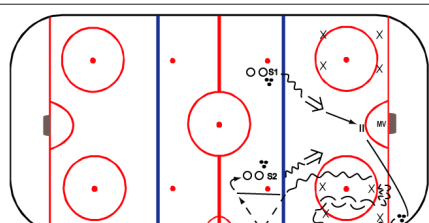
Skridskoåkning



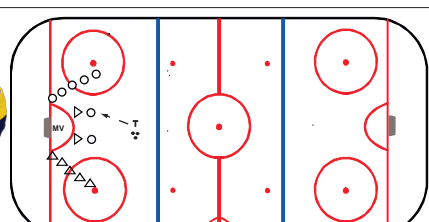
Backspel



Forwardspel



Teknikövningar

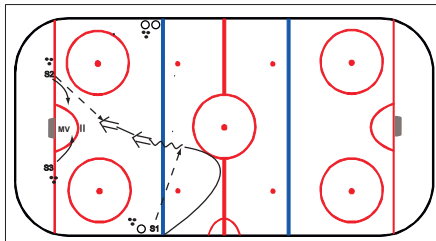


Situationsspel

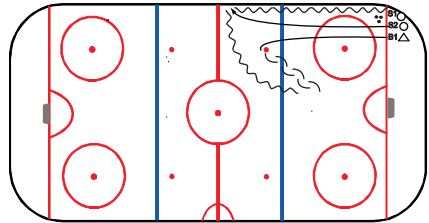




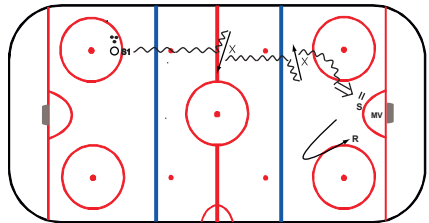
ÖVNINGSBANKEN



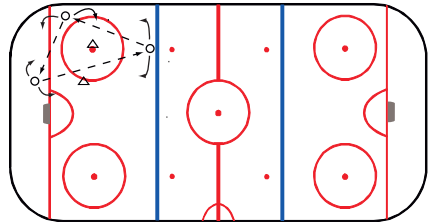
Skott



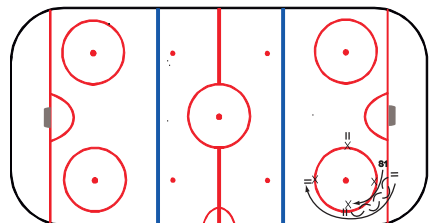
Närkampsspel



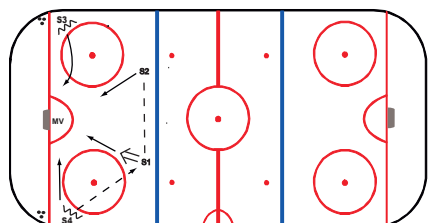
Puckföring



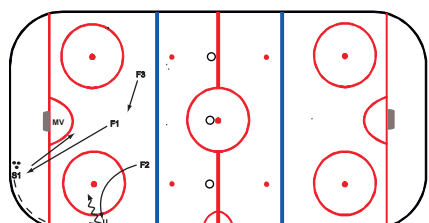
Passning & mottagning



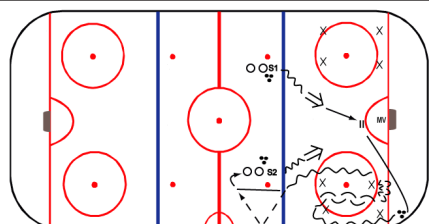
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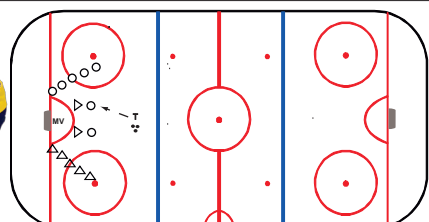
Backspel



Forwardspel



Teknikövningar

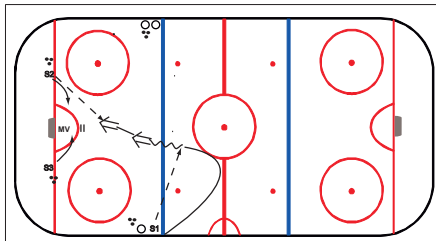


Situationsspel

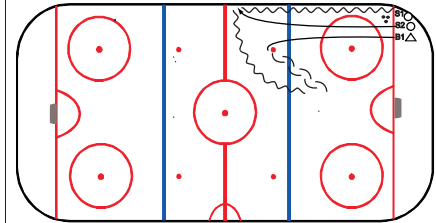




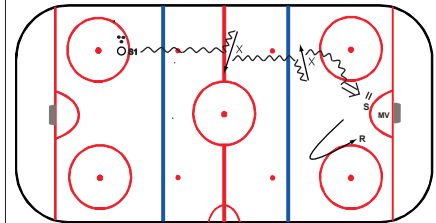
ÖVNINGSBANKEN



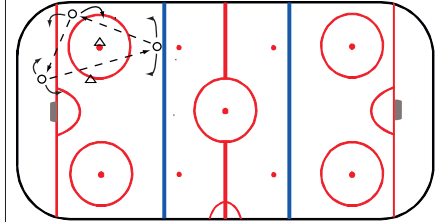
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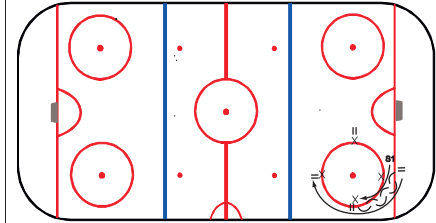
Närkampsspel



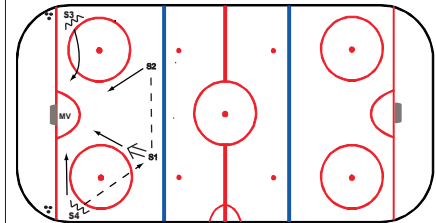
Puckföring



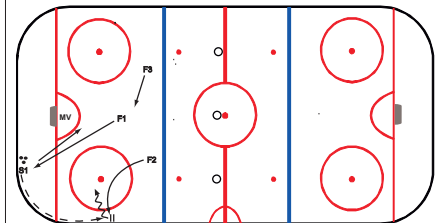
Passning & mottagning



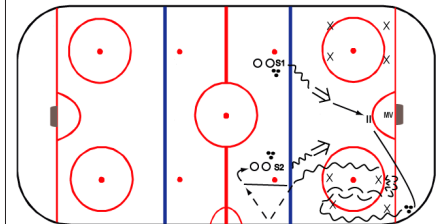
Skridskoåkning



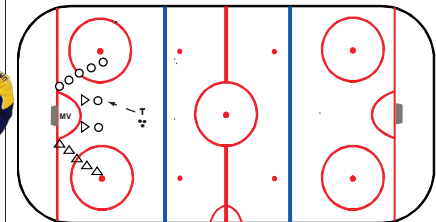
Backspel



Forwardspel



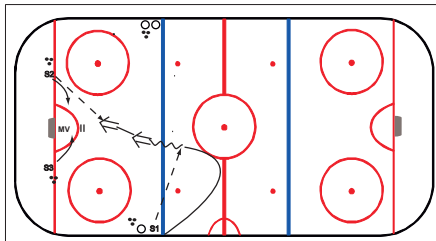
Teknikövningar



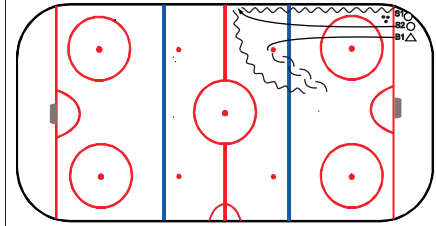
Situationsspel



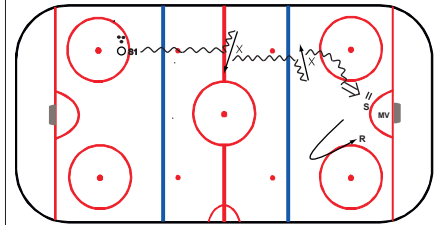
ÖVNINGSBANKEN



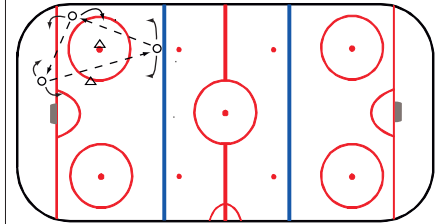
Skott



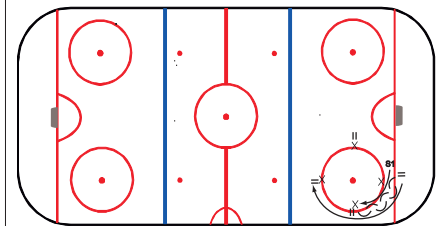
Närkampsspel



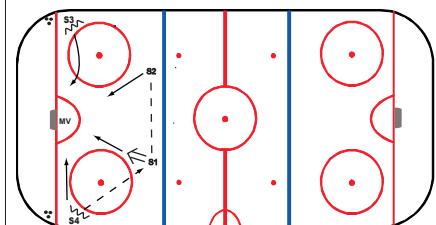
Puckföring



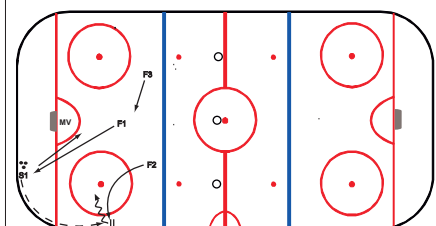
Passning & mottagning



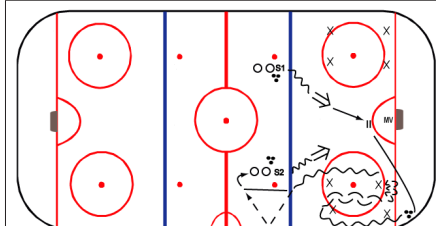
Skridskoåkning



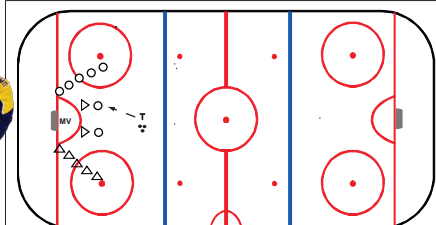
Backspel



Forwardspel



Teknikövningar



Situationsspel

